

the Source +



Market Alerts

AVOCADOS The supply of product out of Mexico continues to be severely restricted, due to a combination of growing condition and import issues. Product from other sources, including California, is not plentiful enough to offset the Mexican shortage, and pricing continues to be much higher than normal.

LETTUCE The situation has improved dramatically from the prior week on **Iceberg**, **Romaine**, and **Green and Red Leaf Lettuce**. **Iceberg** and **Romaine** may still have some isolated pink ribs and discoloration, but otherwise quality has improved to good. Pricing is lower than in recent weeks, and supplies are enough to meet demand. We recommend using **Romaine Hearts** and **Pre-Cut Iceberg** for optimal quality.

CAULIFLOWER & BROCCOLI Another shortage in supplies, due to a planting gap earlier in the year, is underway and is expected to last a week or two. Pricing is higher on both **Cauliflower** and **Broccoli**, although quality is good. Product may be shorted in isolated instances. For optimal quality, we recommend **Broccoli Crowns** and **Cauliflower Florets**.

ASPARAGUS Pricing is higher than normal for all sizes of Asparagus, with Pencil and Standard being the best values.

GRAPES Quality is still poor on **Green Grapes**, and pricing is much higher than normal. **Red Grapes** are the better buy for price and quality, which is fair. Please discontinue use of **Green Grapes** where possible.

A Peek at Peak Seasons

Cucumbers: All field-grown Cucumbers are in great supply, with excellent quality and pricing reported on Select and Super Select grades.

Eggplant & Squash: Harvests of Eggplant and Summer Squash in the Southeast, Mexico and California are all in full swing. Pricing is very good on all grades and sizes, and quality is also very good.

Pears: Spring pears such as Anjou, Bosc and Bartlett are now available, and are a great addition to hand fruit selections and recipes.

Blueberries: Excellent quality and pricing on all Blueberries out of the Southeast, Mexico and California.

Melons: Supplies of Cantaloupes and Honeydews out of Mexico and the desert regions are plentiful, with lower pricing and excellent quality reported.

Mushrooms: Most varieties of mushrooms are in great supply, with excellent quality and pricing reported. Ask your distributor for availability on specialty product!

Weather Update









California: Temperatures will cool across Central and Southern California next week, with some showers.

Mexico: Seasonal temperatures and some showers in Central Mexico.

Florida: Colder temperatures at the beginning of the week, with thunderstorms, then warming later in the week.



Commodities at a Glance

 APPLES	WA, ID and MI are at peak season on certain varieties. Quality is excellent.	 CELERY	Quality is fair; pricing is higher.	 LETTUCE LEAF	Supplies are improved, pricing is lower and quality is good to fair.
 ASPARAGUS	Pricing is higher than normal, with good quality. Pencil and Standard are the best values.	 CITRUS (LEMONS)	Quality and pricing are good.	 MELON (CANTALOUPE)	Quality and pricing are good.
 AVOCADO	Pricing is higher than normal, with good quality. Pencil and Standard are the best values.	 CITRUS (LIMES)	Quality and pricing are good.	 MELON (HONEYDEW)	Quality and pricing are good.
 BELL PEPPERS	Quality and pricing are excellent.	 CITRUS (ORANGES)	Quality and pricing are good.	 MELON (WATERMELON)	Quality and pricing are good.
 BERRIES (BLACKBERRIES)	Quality is good, pricing is higher	 CUCUMBERS	Quality and pricing are good.	 ONIONS	Quality is good, pricing is higher.
 BERRIES (BLUEBERRIES)	Pricing and quality are good.	 EGGPLANT	Quality and pricing are good.	 PEARS	New crop is being harvested, quality is good, pricing is stable.
 BERRIES (RASPBERRIES)	Quality is good, pricing is higher.	 GARLIC	Quality is fair; pricing is higher.	 PINEAPPLES	Quality and pricing are good.
 BERRIES (STRAWBERRIES)	Pricing and quality are good.	 GRAPES (GREEN)	Quality is fair to poor; pricing is very high.	 POTATOES	Quality is good, pricing is very good.
 BROCCOLI	Pricing is very high, quality is poor.	 GRAPES (RED)	Quality is fair; pricing is higher.	 POTATOES (COLORED)	All colors are at peak season.
 BRUSSELS SPROUTS	Quality and pricing are good. Mexican product is at peak season.	 GREEN ONIONS	Quality is good, pricing is trending higher.	 SQUASH	Pricing and quality are good.
 CARROTS	Quality is good, pricing is stable.	 KALE	Quality and pricing are good.	 STONE FRUIT	Quality and pricing are good. Chilean product is at peak season.
 CAULIFLOWER	Quality is fair to poor; pricing is very high.	 LETTUCE ICEBERG	Supplies are improved, pricing is lower and quality is good to fair.	 TOMATOES	Quality is good, pricing is slightly higher on Western grape and cherry tomatoes.

