

the Source +



Market Alerts

Avocados – Supplies out of Mexico continue to be very tight, driving pricing to extreme highs in many markets. Quality is good on what little product is available, and #2-grade 48 or 60 CT fruit is the best value. We recommend you limit use where possible.

Celery – Very light harvests out of Mexico and Central California continue to keep pricing high. Quality is fair, with abnormally leafy tops and seeder reported. The situation is expected to continue through the month of June. Avoid use where possible.

Lettuce – A short planting gap and extreme temperatures in Central California have slowed the harvest of head lettuces, including **Iceberg, Romaine and Leaf**. Quality is fair and pricing is 10-15% higher than normal, with **Romaine Hearts or pre-cut product** being the best cost and quality options.

Bell Peppers – Excessive heat in the Southeast has tightened supplies of **Green Bell Peppers**. Quality is fair, pricing is slightly higher than normal, and **Choice Grade product** is the best value.

A Peek at Peak Seasons

Grapes – Quality is excellent out of California's Coachella Valley.

Stone Fruit – California Peaches, Nectarines, Apricots and Plums are all available – ask your distributor for recommendations!

Kale – Quality is very nice, with full bunches and vibrant color reported.

Squash – Quality and pricing are great on Zucchini.

Potatoes – Smaller-sized Idaho baking potatoes are less expensive than larger ones. 80 CT and smaller are the best values.

Asparagus – Mexico and Peru are harvesting excellent quality in all sizes.

Watermelon – The Mexican and Southwestern U.S. harvest is yielding great quality with high sugar levels.

Specialty Melons – Juan Canary, Casaba and Crenshaw melons are starting to be harvested. Ask your distributor for availability.

Weather Update

California: The recent heat wave along the Central Coast and Southern California will cool back down to seasonal temperatures over the next week.

Mexico: Hot temperatures also are expected to gradually cool in the Northern and Central regions, with potentially heavy rains.

Southeastern U.S.: –Seasonal temperatures and precipitation in most growing areas.



The newest kitchen tool is already in your pocket.

COLORFUL PLATES

Created for chefs by chefs, **Colorful Plates** is an online toolkit for culinary artisans of all experience levels looking for produce knowledge and inspiration. From Michelin-starred restaurants to home cooking enthusiasts, advice, information, and creativity available on the website is designed to elevate produce understanding.

JOIN THE COMMUNITY AT WWW.COLORFULPLATES.CO



www.proactusa.com

The Source + June 14, 2019

Commodities at a Glance

| | | | | | |
|--|---|---|--|--|--|
|  APPLES | Quality is good, 125 CT and smaller sizes will be less available through the summer |  CELERY | Quality is fair, pricing is very high, avoid use if possible |  LETTUCE LEAF | Quality is fair, pricing is higher |
|  ASPARAGUS | Quality and pricing are good |  CITRUS (LEMONS) | Quality and pricing are good |  LETTUCE TENDER LEAF | Quality and pricing are good |
|  AVOCADO | Quality is fair, pricing is extremely high |  CITRUS (LIMES) | Quality and pricing are good |  MELON (CANTALOUPE) | Quality and pricing are good |
|  BELL PEPPERS | Quality is good to fair, pricing is higher |  CITRUS (ORANGES) | Quality and pricing are good |  MELON (HONEYDEW) | Quality and pricing are good |
|  BERRIES (BLACKBERRIES) | Quality and pricing are good |  CUCUMBERS | Quality is good, pricing is higher on Western product |  MELON (WATERMELON) | Quality and pricing are good |
|  BERRIES (BLUEBERRIES) | Quality and pricing are good |  EGGPLANT | Quality is good fair, pricing is higher on Western product |  ONIONS | Quality and pricing are good |
|  BERRIES (RASPBERRIES) | Quality and pricing are good |  GARLIC | Quality is fair, pricing is higher |  PEARS | Quality and pricing are good |
|  BERRIES (STRAWBERRIES) | Quality is fair, pricing may be higher |  GRAPES (GREEN) | Quality and pricing are good |  PINEAPPLES | Quality and pricing are good |
|  BROCCOLI | Quality and pricing are good |  GRAPES (RED) | Quality and pricing are good |  POTATOES | Quality is good, pricing is higher on larger sizes |
|  BRUSSELS SPROUTS | Quality is improving, pricing is fair |  GREEN ONIONS | Quality and pricing are good |  POTATOES (COLORED) | Quality and pricing are good |
|  CARROTS | Quality and pricing are good |  KALE | Quality and pricing are good |  SQUASH | Quality and pricing are good |
|  CAULIFLOWER | Quality and pricing are good |  LETTUCE ICEBERG | Quality is fair, pricing is higher |  TOMATOES | Quality and pricing are good |

