

The Source

Commodity of the Month - Onions

MARKET ALERTS

Citrus (Lemons): Markets remain on the stronger side, with 165-count and smaller sizes continuing to be somewhat tight. District 1 (San Joaquin Valley) is nearing the end of its season, while District 2 (Ventura County/Oxnard) is emerging as the primary growing region.

Grapes: Tropical Storm Alvin caused major crop damage in Caborca, hitting red flame grapes hardest. No harvest from Sat–Mon reduced supply. Limited domestic grapes are available from Coachella at higher prices; Chilean red grapes remain on both coasts.

IN PEAK SEASON



JUNE 4, 2025

CROP UPDATES

Last week's brief heat wave brought the Salinas Valley's warmest temps of the year, with most crops holding up well. Short-term impacts are expected on texture and shelf life, especially for tender items like spinach and baby leaf. Mold, mildew, and soil disease remain challenges. Warmer weather is boosting insect activity, particularly aphids, thrips, and gnats. While INSV is present, it's not currently widespread. Growers are actively monitoring and managing pest pressure. [Read more](#)

WEATHER

California: Mild temps and marine layer conditions will hold through Thursday. Warming begins Friday, with highs reaching the upper 90s south of Soledad by the weekend.

Mexico: Isolated light showers continue through June 8 with under 0.10" expected. Temps will gradually warm, with highs in the mid 70s to upper 80s and lows in the mid 50s to mid 60s through the weekend.

Florida: Scattered showers and storms hit Florida Wednesday–Thursday, heavier in the south. Cooler temps through Thursday, warming into the weekend. Winds gust 18–25 mph through Friday. Highs rise from low 80s to mid 90s; lows in the upper 60s to upper 70s.

Arizona: Light showers and isolated storms possible Tuesday evening in southeast California. Slight rain chance Wednesday in southwest Arizona, mostly trace amounts. Dry and warming through the weekend, with highs reaching 100–111°F by Saturday. Lows steady in the upper 60s to low 70s.

FREIGHT

Freight this week sees plenty of great opportunities to find trucks in all areas. Be sure to call us about our current cross dock and consolidation programs to fit your needs.

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Commodity Updates



Apples

The apple market remains stable, with prices holding steady—underscoring the product’s shelf life and excellent storage qualities. Supply levels are strong for most varieties in foodservice sizes. However, availability of Honeycrisp and Cosmic Crisp apples continues to be limited, particularly in the smaller size ranges.

Commodity/Region	Supply	Price	Quality
Hudson, New York (September - June)	Steady	\$\$\$	Good



Asparagus

Domestic supplies remain available out of Michigan, following the conclusion of Washington’s season late last week. The market is expected to remain stable this week, supported by consistent production from Mexico and Peru.

Commodity/Region	Supply	Price	Quality
Caborca (Year Round)	High	\$\$\$	Good
Ciudad Obregon (Year Round)	Steady	\$\$\$	Good
Peru (Year Round)	Steady	\$\$\$	Good



Avocados

Markets have stabilized as Mexico begins to slow its harvest. Offshore fruit is now available on both coasts, helping to balance supply. Sizes 48 count and smaller are seeing improved conditions, while larger fruit continues to face challenges. Approximately five weeks remain for the Normal crop, after which the Flora Loca season will begin. Meanwhile, California’s season is in full swing.

Commodity/Region	Supply	Price	Quality
Mexico (Year Round)	Steady	\$\$\$	Good
California (April - July)	Light	\$\$\$	Good



Bell Peppers

Strong volumes and excellent quality continue across both the Eastern and Western growing regions. Georgia is now in peak season, while North Carolina is projected to begin harvesting in the last week of June. In the West, the California desert is providing a steady supply, which is expected to continue through July before transitioning to the Bakersfield region.

Commodity/Region	Supply	Price	Quality
Florida (November - May)	Light	\$\$\$	Good
Mexico (Nov. - May)	Steady	\$\$\$	Good

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

Supply Partners



Commodity Updates



Berries (Blackberries)

Blackberry production is declining in Central Mexico, while yields on the West Coast are gradually increasing. In the East, Georgia's volumes are expected to build steadily over the next 3 to 4 weeks.

Commodity/Region	Supply	Price	Quality
California (Year Round)	Light	\$\$\$	Fair



Berries (Blueberries)

Multiple regions are currently in production, including Mexico, Central California, and Georgia. The Pacific Northwest is expected to come online in 3 to 4 weeks, with harvests beginning in Oregon and Washington.

Commodity/Region	Supply	Price	Quality
California (Year Round)	Steady	\$\$\$	Good
Dover, Florida (Year Round)	Light	\$\$\$	Fair
McAllen, TX (October - May)	Light	\$\$\$	Good



Berries (Raspberries)

The heavy volumes out of Mexico are gradually tapering off, while production in California's Central Coast is gaining momentum.

Commodity/Region	Supply	Price	Quality
California (Year Round)	Light	\$\$\$	Fair
McAllen, TX (October - May)	Light	\$\$\$	Fair



Berries (Strawberries)

Production in Santa Maria is past its peak, though late-season fruit quality remains strong despite lower volumes. In Salinas and Watsonville, output is gradually building and expected to reach peak levels in the coming weeks. Cooler weather is preserving fruit quality while also tempering yields, allowing growers to maintain consistent rotation.

Commodity/Region	Supply	Price	Quality
California (Year Round)	Steady	\$\$\$	Good

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

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Commodity Updates



Broccoli

Broccoli quality remains excellent, with fields showing strong color and ideal sizing. The market is expected to remain steady heading into next week.

Commodity/Region	Supply	Price	Quality
Mexico (Year Round)	Steady	\$\$\$	Good
Santa Maria, California (Year Round)	Steady	\$\$\$	Good



Brussel Sprouts

Brussels sprout supplies continue to improve this week, with the market expected to trend lower as we head into next week.

Commodity/Region	Supply	Price	Quality
Mexico (December-August)	Steady	\$\$\$	Good
Oxnard / Salinas, CA (May - July) (July-Dec)	Steady	\$\$\$	Good



Carrots

Harvest has resumed in the Bakersfield region following the conclusion of the Desert Imperial Valley season. Sizing remains strong. This week marks Lake Park, GA's final week of shipping. Please remember to submit snack pack orders at least 48 hours in advance.

Commodity/Region	Supply	Price	Quality
Imperial Valley (February - May)	High	\$\$\$	Excellent
Kern County (October - Feb)	Steady	\$\$\$	Good
Various Northwest Regions (July - October)	High	\$\$\$	Excellent



Cauliflower

Cauliflower supplies and quality have strengthened across all sizes, with the market expected to remain steady into next week.

Commodity/Region	Supply	Price	Quality
Mexico (Year Round)	Steady	\$\$\$	Good
Santa Maria, California (Year Round)	Steady	\$\$\$	Good
Salinas, CA (May - Oct)	Steady	\$\$\$	Good



Celery

Supplies are exceeding demand and this trend is expected to continue throughout the week. Some shippers are offering flexibility, particularly on larger sizes like 24-count. All sizes remain available in Salinas as well as Santa Maria/Oxnard. Quality is reported to be good, with only minor instances of seeding.

Commodity/Region	Supply	Price	Quality
Oxnard, California (Year Round)	Steady	\$\$\$	Good

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

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Commodity Updates



Citrus (Grapefruit)

Star Ruby grapefruit are currently available, peaking in 40-count and larger sizes, with shipments originating from Riverside and the San Joaquin Valley.

Commodity/Region	Supply	Price	Quality
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California (Year Round)	Light	\$\$\$	Good
Texas (October - April)	Steady	\$\$\$	Good



Citrus (Lemons)

ALERT

Markets remain on the stronger side, with 165-count and smaller sizes continuing to be somewhat tight. District 1 (San Joaquin Valley) is nearing the end of its season, while District 2 (Ventura County/Oxnard) is emerging as the primary growing region.

Commodity/Region	Supply	Price	Quality
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CA Desert/Yuma (October - February)	Steady	\$\$\$	Good
Oxnard/Ventura (February - September)	Light	\$\$\$	Good
San Joaquin Valley (October - May)	High	\$\$\$	Good



Citrus (Limes)

The U.S. lime market remains steady on smaller sizes, while larger sizes are in short supply due to drought conditions in Mexico, though rain is anticipated soon. Promotable volume is available on small fruit. Peru is winding down its season, and Colombia continues to supply the market but with declining quality and shrinking availability.

Commodity/Region	Supply	Price	Quality
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Veracruz (Year Round)	Light	\$\$\$	Good
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Citrus (Oranges)

The navel season is nearing its end, with Valencias expected to ramp up fully within the next two weeks. Valencias are currently peaking on 113-count and 138-count sizes as the season begins and will size up as it progresses. Brix levels are strong, ranging from 11 to 13, delivering excellent eating quality.

Commodity/Region	Supply	Price	Quality
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San Joaquin Valley (Year Round)	Steady	\$\$\$	Excellent
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Cucumber

Georgia is in full production with good quality, though some lots show minor cosmetic imperfections. Western supplies remain strong from Baja and Central Mexico, while Eastern North Carolina is expected to begin harvesting in 5 to 7 days.

Commodity/Region	Supply	Price	Quality
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Florida (Nov. - May)	Steady	\$\$\$	Good
Mexico (November - May)	Steady	\$\$\$	Good

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

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Eggplant

Production is in transition, with Plant City, FL nearing the end of its season and Georgia wrapping up. California desert harvest remains strong and consistent in both volume and quality. The desert region will continue to supply through mid-June before shifting to Central California.

Commodity/Region	Supply	Price	Quality
Mexico (Nov. - May)	Steady	\$\$\$	Good
Florida	Light	\$\$\$	Good



Garlic

Garlic quality from Mexico remains fair, accompanied by moderate yields. This trend is expected to continue into next week.

Commodity/Region	Supply	Price	Quality
East Coast (Year Round)	Steady	\$\$\$	Good
Bakersfield, California (Year Round)	Light	\$\$\$	Fair
Gilroy, California (Year Round)	Steady	\$\$\$	Good



Grapes (Green / Red)

ALERT

An unexpected rain event from Tropical Storm Alvin impacted Caborca, Mexico, over the weekend. This key growing district suffered widespread crop damage, with the red flame seedless variety particularly affected and green grapes experiencing lesser damage. No harvesting occurred from Saturday through Monday, further reducing supply. Small quantities of domestic grapes are available from Coachella but at higher prices. Chilean red grapes remain available on both coasts as an alternative supply.

Grapes (Green)

Commodity/Region	Supply	Price	Quality
Mexico (May - June)	High	\$\$\$	Good

Grapes (Red)

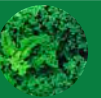
Commodity/Region	Supply	Price	Quality
Mexico (May - June)	High	\$\$\$	Good



Green Onions

Green onion supplies and quality remain strong, with the market expected to stay steady into next week.

Commodity/Region	Supply	Price	Quality
Mexico (Year Round)	Steady	\$\$\$	Good



Kale

Kale supplies and quality remain strong this week, with similar conditions expected to continue into next week.

Commodity/Region	Supply	Price	Quality
Mexico (Year Round)	Steady	\$\$\$	Good
Oxnard, California (Year Round)	Steady	\$\$\$	Good
Salinas, California (May - October)	Steady	\$\$\$	Good

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

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Commodity Updates



Lettuce Iceberg

Heavy availability will characterize this commodity throughout the week, with multiple shippers offering flexibility on volume orders. Both Northern and Southern California serve as key loading locations for this row crop. Good weights and consistent quality are expected to continue across several shippers, as supplies clearly exceed industry demand.

Commodity/Region	Supply	Price	Quality
Santa Maria, California (March-December)	Light	\$\$\$	Fair
Salinas, California (May - October)	Light	\$\$\$	Fair



Lettuce Leaf

Supplies of romaine, green leaf, and red leaf remain steady. Some fringe and tip burn issues have been reported upon arrival, though shippers are doing their best to clean the product during field packing. Romaine hearts are experiencing similar challenges but availability remains above average. Demand across all leaf items is softer with schools out for the season. Weights and sizing continue to be above average.

Commodity/Region	Supply	Price	Quality
Salinas, California (May - October)	High	\$\$\$	Fair



Lettuce Tender Leaf

All tender leaf lettuce varieties are in good supply with overall excellent quality. Fields are producing more consistent sizing, along with strong texture and vibrant color. Expect supplies and quality to remain steady through the weekend.

Commodity/Region	Supply	Price	Quality
Mexico (Year Round)	Steady	\$\$\$	Good
Oxnard, California (Year Round)	Steady	\$\$\$	Good
Yuma, AZ (Nov. - May)	Steady	\$\$\$	Good



Melon (Cantaloupe)

The cantaloupe market is strong following a recent surge in desert production. Domestic cantaloupes are peaking on 9s, with smaller sizes becoming increasingly scarce. Regional cantaloupes are available on the East Coast, offering excellent quality and favorable Brix levels.

Commodity/Region	Supply	Price	Quality
Central America (December - May)	Excellent	\$\$\$	High

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

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Commodity Updates



Melon (Honeydew)

Domestic honeydew supplies remain steady, peaking on 5/6 sizes, while smaller sizes are becoming harder to find. Mexican honeydews continue to be available, offering excellent quality.

Commodity/Region	Supply	Price	Quality
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Arizona (June-July) (October-November)	Steady	\$\$\$	Good
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Melon (Watermelon)

Domestic watermelons are currently available in Florida and are expected to begin in California by the end of June. Mexican watermelons remain in good supply amid low demand. Suppliers anticipate strong demand for the upcoming holidays, with volume deals available.

Commodity/Region	Supply	Price	Quality
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Arizona (June-July) (October-November)	Steady	\$\$\$	Good
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Mushroom

Excellent supplies and promotable volumes continue to be available.

Commodity/Region	Supply	Price	Quality
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Nationwide	High	\$\$\$	Good
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Onions

The California desert onion season remains strong but will wind down starting the week of June 9, with high temps raising some sunburn concerns. Central California harvest began June 2, with Stockton starting June 9 and strong yields expected. New crop pricing will follow. Onions of all colors are available with 48-hour cross-dock lead time. New Mexico's season will begin soon, adding to supply, with weather as a key factor in summer availability.

Commodity/Region	Supply	Price	Quality
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Eastern Orgeon/Parma, ID (August - April)	High	\$\$\$	Excellent
San Joaquin Valley (May - August)	Light	\$\$\$	Good
Tri-Cities, Washington (July - April)	High	\$\$\$	Good



Pears

The domestic pear market is stable to slightly lower, despite ongoing limited supply. This market is expected to remain relatively steady until at least mid-July, when California's new Bartlett crop begins.

Commodity/Region	Supply	Price	Quality
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Hood River, Oregon (August-July)	Light	\$\$\$	Good
Yakima, Washington (August-July)	Light	\$\$\$	Good

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

Supply Partners



Commodity Updates



Pineapples

Pineapple supplies, both crowned and crownless, are currently abundant with minimal substitutions needed. Expect availability to decline after the beginning of July.

Commodity/Region	Supply	Price	Quality
Costa Rica (Year round)	Light	\$\$\$	Good



Potatoes

The market remains steady this week with stable pricing. Distributors are showing a preference for delivered (DLVD) pricing over FOB. Deals are available as supplies continue to move through storage stock in preparation for the new crop. Planting is underway in most regions, including Eastern Idaho, with harvest expected to begin at the end of August.

Commodity/Region	Supply	Price	Quality
Idaho Falls, Idaho (August-July)	Steady	\$\$\$	Good
Pasco, Washington (August-July)	Steady	\$\$\$	Excellent



Squash

Good overall supply of squash is available from multiple regions, including Nogales, Santa Maria, Selma, Georgia, and North Carolina. As Nogales production winds down, prices have edged slightly higher in the West, but supply and quality remain strong. Expect more local programs to ramp up as we approach the summer months.

Commodity/Region	Supply	Price	Quality
Mexico (November - May)	Steady	\$\$\$	Good
Florida (Nov. - May)	Steady	\$\$\$	Good



Stone Fruit

Peaches, plums, and nectarines are all in good supply, with improved sizing and a wider variety becoming available. The California cherry season is wrapping up this week, while Washington cherries are just starting, with harvest expected to gain momentum next week.

Commodity/Region	Supply	Price	Quality
San Joaquin Valley (May-October)	Steady	\$\$\$	Good



Tomatoes

Eastern harvests in Florida, Georgia, and South Carolina are transitioning, with steady but variable quality. Mexico's Central and Sonora regions provide strong volume and quality, supporting U.S. demand as California's mature greens season approaches. Overall quality and volume are mixed but expected to improve as more regions come online and stabilize supply.

Commodity/Region	Supply	Price	Quality
Mexico (Year Round)	Steady	\$\$\$	Good
Florida (November - May)	Steady	\$\$\$	Good

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

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Weather Updates



CALIFORNIA

A weak high-pressure system will maintain moderate marine layer conditions and near to slightly above-average temperatures through Thursday. Expect morning lows in the low 40s to low 50s, with daytime highs ranging from the upper 60s near the coast, mid 70s to low 80s in coastal valleys, and upper 70s to low 90s south of Soledad.

By Friday, the high is expected to strengthen, reducing the marine layer and bringing warmer temperatures. Coastal valleys will see highs in the low to mid 80s, while areas south of Soledad will warm into the mid 80s to upper 90s through the weekend.



MEXICO

Shower activity will remain widely isolated and light through June 8, with most areas receiving less than 0.10" of rainfall. Temperatures will gradually warm heading into the weekend, with highs in the mid 70s to mid 80s through Thursday, rising to the upper 70s to upper 80s Friday through Sunday. Lows will range from the mid 50s to mid 60s throughout the weekend.



FLORIDA

Scattered showers and thunderstorms are expected across the Florida Peninsula Wednesday into Thursday, with heavier rain likely in southern areas. From Thursday through Sunday, activity will be more isolated to scattered. Temperatures will be slightly cooler than normal through Thursday due to cloud cover and rain, then trend warmer into the weekend. Winds will gust between 18–25 mph through Friday. Highs will range from the low to mid 80s on Wednesday, mid 80s to near 90 on Thursday, upper 80s to low 90s on Friday, and upper 80s to mid 90s over the weekend. Lows will stay in the upper 60s to upper 70s through the weekend.



ARIZONA

Light scattered showers and isolated thunderstorms are possible Tuesday evening over southeast California. An upper-level disturbance will move into southwest Arizona early Wednesday, bringing a slight chance of rain to areas like Yuma County and Wenden, though only trace amounts are expected.

Dry conditions return by Wednesday afternoon, with a gradual warming trend through the weekend. Highs in most valleys will reach the 90s on Wednesday, warming to 100–105°F in Arizona and 105–111°F in southeast California by Saturday, with a slight increase on Sunday. Morning lows will remain steady in the upper 60s to low 70s through the weekend.

For more information: <https://www.ventusky.com/?p=31.4;-89.7;3&l=rain-3h>

Freight Updates



Freight this week sees plenty of great opportunities to find trucks in all areas. Be sure to call us about our current cross dock and consolidation programs to fit your needs.



U.S. On-Highway Diesel Fuel Prices*(dollars per gallon)

[full history](#) [XLS](#)

	05/19/25	05/26/25	06/02/25	Change from	
				week ago	year ago
U.S.	3.536	3.487	3.451	▼ -0.036	▼ -0.275
East Coast (PADD1)	3.580	3.555	3.517	▼ -0.038	▼ -0.336
New England (PADD1A)	3.897	3.882	3.885	▲ 0.003	▼ -0.220
Central Atlantic (PADD1B)	3.788	3.801	3.766	▼ -0.035	▼ -0.320
Lower Atlantic (PADD1C)	3.469	3.428	3.384	▼ -0.044	▼ -0.357
Midwest (PADD2)	3.481	3.428	3.388	▼ -0.040	▼ -0.204
Gulf Coast (PADD3)	3.201	3.136	3.097	▼ -0.039	▼ -0.353
Rocky Mountain (PADD4)	3.512	3.445	3.453	▲ 0.008	▼ -0.232
West Coast (PADD5)	4.296	4.248	4.221	▼ -0.027	▼ -0.208
West Coast less California	3.828	3.763	3.745	▼ -0.018	▼ -0.215
California	4.835	4.808	4.768	▼ -0.040	▼ -0.200

*prices include all taxes

For more information: <https://www.eia.gov/petroleum/gasdiesel/>

Crop Updates



The brief heat wave last week brought the warmest temperatures of the year to the Salinas Valley. Most crops have come through in decent shape from the short-lived hot spell.

Texture and overall shelf life will likely be impacted for the short term especially in the tender spinach, spring mix and baby leaf items. Growers continue to battle mold, mildew and soil disease in the stands as we move into summer harvests.

While overall quality remains generally good the warmer weather has been conducive for insect populations to thrive. Aphids, thrips, small flies and gnats continue to be problematic for growers. Thrips are the vector that transmits the Invasive Necrotic Spot Virus (INSV).

Growers are seeing some signs of INSV in current acreage, but it is not a significant problem currently. Field personnel will be on the lookout for thrips and INSV as the virus can spread rapidly and cause significant crop loss. Growers are doing their best to mitigate the insect pressure with traps, repellent and increased inspections in the fields and plant.



TIM LYNCH

QUALITY ASSURANCE MANAGER